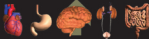
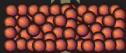




Organs form systems which communicate through the central nervous system



Tissues form organs



Cells form tissues



Cells get essential and necessary nutrients from foods and supplements

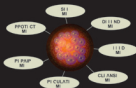


We want to help your body perform better inside and outside of the gym.

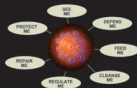


There are four shapes that make up the letters of the alphabet. Look below at what would happen if even the smallest shape was missing.

Likewise, there are eight glyconutrients which cells utilize in order to transmit messages. If any are missing, optimum communication is compromised.



Bad Communication



Good Communication

We recommend that along with a regular exercise routine, our clients take supplements containing glyconutrients to support optimal health.